

**Name: Avital Laufer**

**Date: June 1, 2021**

## **CURRICULUM VITAE**

### **1. Personal Details**

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### **2. Higher Education**

#### **A. Undergraduate and Graduate Studies**

<b>Period of Study</b>	<b>Name of Institution and Department</b>	<b>Degree</b>	<b>Year of Approval of Degree</b>
1990-1992	Psychology Bar Ilan University	B.A. (Magna cum laude)	1993
1993-1995	Sociology Bar-Ilan University	M.A. (Magna cum laude)	1997
1996-2000	Sociology Bar-Ilan University	Ph.D	2001

#### **B. Post-Doctoral Studies**

<b>Period of Study</b>	<b>Name of Institution, Department and Host</b>	<b>Year of Completion</b>
2002-2003	Tel Aviv University School of Social Work Prof. Zahava Solomon	2003

### **3. Academic Positions and Tenure in Institutes of Higher Education**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Position</b>
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2017-present	Netanya Academic College Behavioral Science	Senior Lecturer
2009-2017	Netanya Academic College Behavioral Science	On leave
2007-2008	Netanya Academic College Behavioral Science	Senior Lecturer
2001-2006	Ariel University Social Science	Full time Lecturer
2001-2003	Tel Aviv University Social work Supervisor: Prof. Zehava Solomon	Post Doctoral Research
2000-2001	Bar-Ilan University Sociology	Part-Time Lecturer

#### **4. Offices in Academic Administration**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Position</b>
2017-2020	Netanya Academic College Behavioral Science	Dean

#### **5. Miscellaneous**

From November 2009 until October 2017 I was elected as the Vice Mayor of Netanya and in charge of the education system for the city. The education system in Netanya includes 399 kindergartens, 57 elementary schools and 24 high schools. I worked full-time in the municipality and took a leave from my academic activities.

## **PUBLICATIONS**

#### **A. Ph.D. Dissertation**

A Social-Behavioral Model for understanding youth violence in Israel (284p in Hebrew). June 2000. Bar-Ilan University. Supervised by Dr. Yossi Harel.

#### **B. Published Articles**

1. **Laufer, A.** (2003) Psychological growth in the aftermath of terrorist acts. *Palestinian Israeli Journal of Politics, Economics and Culture*. 10(4), 30-36.
2. **Laufer, A., & Harel, Y.** (2003). The role of family, peers and school perception in predicting involvement in youth violence. *International Journal of Adolescent Medicine and Health*, 15(3), 235-246.

3. **Laufer, A., & Harel, Y.** (2003). Correlations between school perception and pupil involvement in bullying, physical fights and weapon carrying. *Megamot*, 42(3), 437-459. [Hebrew].
4. Solomon, Z., & **Laufer, A.** (2004). In the shadow of terror: changes in world assumptions in Israeli youth. *Journal of Aggression, Maltreatment, and Trauma*, 9, 353-364. (as well as a chapter in an edited book n.2)
5. **Laufer, A.** & Solomon, Z. (2006). Posttraumatic Symptoms and Posttraumatic Growth among Israeli Youth Exposed to Terror Incidents. *Journal of Social and Clinical Psychology*, 25(4), 429-447. doi:10.1521/jscp.2006.25.4.429
6. **Laufer, A., Harel, Y. & Mulcho, M.** (2006). Daring, substance use and involvement in violence among school children: Exploring a path model. *Journal of School Violence*, 5, 71-88. **Cited: 16**
7. **Laufer, A., & Solomon, Z.** (2006). Do Israeli male and female adolescents cope differently with terror attacks? *Society and Welfare*, 26(4), 479-501.[Hebrew].
8. **Laufer, A., & Solomon, Z.** (2006). Responses of Israeli youth to terror: Posttraumatic symptoms and indicators of psychological growth. *Megamot*, 44(3), 407-423. [Hebrew].
9. **Laufer, A.** (2006). Relationships between exposure to terror and ideological commitment among adolescents politically inclined toward the right, center and left. *Judea and Samaria Research*, 15, 281-298. [Hebrew].
- 10\*. **Laufer, A., & Shechory, M.** (2007). Youth involvement in the resistance to the disengagement plan: Assessment of legal and illegal activities. *Judea and Samaria*, 16, 363-376. [Hebrew].
- 11\*. Hamama-Raz, Y., Solomon, Z., Cohen, A., & **Laufer, A.** (2008). PTSD symptoms, Forgiveness and Revenge among Israeli-Palestinian and Jewish Adolescents. *Journal of Traumatic Stress*, 21, 521-529. (Equal contribution).
- 12\* Levine, S. Z., **Laufer, A.**, Hamama-Raz, Y., Stein, A., & Solomon, Z. (2008). Posttraumatic Growth in Adolescence: Examining its Components and Relationship with PTSD. *Journal of Traumatic Stress*, 21, 492-496.
- 13\*. Shechory, M., & **Laufer, A.** (2008). Levels of distress and belief in authorities law in light of geopolitical changes among youth living. *Judea & Samaria Research Studies*, 17, 239-252. [Hebrew].
- 14\*. Shechory, M., & **Laufer, A.** (2008). Social Control Theory and the Connection with Ideological Offenders among Israeli Youth During the Gaza Disengagement Period. *International Journal of Offender Therapy and Comparative Criminology*, 52, 454-473.
- 15.\* **Laufer, A.** (2009). Posttraumatic growth: A positive illusion or a new way to understand how people cope with trauma. *Society and Welfare*, 29(1), 63-84 [Hebrew]
- 16\*. **Laufer, A., Shechory, M., & Solomon, Z.** (2009). The association between right-wing political ideology and youth distress. *Child and Adolescent Social Work Journal*, 26, 1-13.
- 17\*. **Laufer, A., & Shechory, M.** (2009). Emotional distress and ideological segregation two years after the disengagement plan among youth who were evacuated or who resisted the evacuation. *Society and Welfare*, 29(4), 431-453. [Hebrew].
- 18 **Laufer, A., & Solomon, Z.** (2009). Gender differences in PTSD in Israeli youth exposed to terror attacks. *Journal of Interpersonal Violence*.24, 959-976. <http://dx.doi.org/10.1177/0886260508319367>
- 19\* **Laufer, A., Hamama-Raz, Y., Levine, S., & Solomon, Z.** (2009). Posttraumatic

- growth in adolescence: The role of religiosity, distress and forgiveness. *Journal of social and clinical psychology*, 28(7), 862-880.
- 20\*. Levine, S.Z., **Laufer, A.**, Stein, E., Hamama-Raz, Y., & Solomon, Z. (2009). Examining the relationship between resilience and posttraumatic growth, *Journal of Traumatic Stress*, 22, 282-286.
- 21\*. **Laufer, A.**, & Shechory, M. (2010). Distress levels among teenagers who participated in anti-disengagement activities. *Megamot*, 46, 552-574. [Hebrew]
- 22\*. Harel-Fisch, Y., Radwan, Q., Walsh, S.D., **Laufer, A.**, Amitai, G., Fogel-Grinvald, H., & Ziad, A. (2010). Psychosocial outcomes related to subjective threat from armed conflict events (STACE): Findings from the Israeli-Palestinian cross-cultural HBSC study. *Child Abuse and Neglect*, 34, 623-638.
- 23\*. **Laufer, A.**, Solomon, Z., & Levine, S. Z. (2010) Elaboration on Posttraumatic Growth in Youth Exposed to Terror: The Role of Religiosity and Political Ideology. *Social Psychiatry and Psychiatric Epidemiology*, 45(6) 647-653.
- 24\*. **Laufer, A.** & Solomon, Z. (2010) Political Ideology and Psychological Symptoms following Terror. *Youth and Society*, 41(3), 414-433.
- 25\*. Shechory, M., & A. **Laufer**. (2011). Ideological delinquency: Gender differences among Israeli youth during the withdrawal from the Gaza Strip. *International Journal of Offender Therapy and Comparative Criminology*, 55(2), 326-343. (Equal contribution).
- 26\*. Shechory, M., & **Laufer, A.** (2011). Resistance among evacuated youth: Involvement in illegal activity and connection to the rule of law and to attitudes toward the State, the Yesha Council and the Rabbis. *Israeli Criminology*, 1, 7-27. [Hebrew]
- 27\*. **Laufer, A.**, & Solomon, Z. (2011). The role of religious orientations in youth's posttraumatic symptoms after exposure to terror. *Journal of Religion and Health*, 50, 687-699 doi: 10.1007/s10943-009-9270-x
- 28\*. Fienklestein, M., **Laufer, A.**, & Solomon, Z. (2012). Coping strategies of Ethiopian immigrants in Israel: Association with PTSD and distress. *Scandinavian Journal of Psychology*, 53, 490-498. (Equal contribution)
- 29\*. Shechory Bitton, M., & **Laufer, A.** (2015). Evacuation following missile attacks, distress and behavioral problems among children in southern Israeli communities. *Society and Welfare*, 35(2), 203-230 [Hebrew].
- 30\*. Shechory Bitton, M., & **Laufer, A.** (2017). PTSD and PTG among Israeli mothers: Opposite facets of exposure to terrorism. *Stress and Health*, 33, 676-683.
- 31\* Shechory Bitton, M., & **Laufer, A.** (2018). Children's emotional and behavioral problems in the shadow of terrorism: The case of Israel. *Children and Youth Services Review*, 86, 302-307. doi:10.1016/j.childyouth.2018.01.042
- 32\* Lahav, Y., Price, N., Crompton, L., **Laufer, A.**, & Solomon, Z. (2019). Sexual satisfaction in spouses of ex-POWs: The role of PTSD symptoms and self-differentiation. *Journal of Sex & Marital Therapy*. 755-766. doi: 10.1080/0092623X.2019.1594478
- 33\* **Laufer, A.**, Levin, Y., Gelkopf, M., Crompton, L., & Solmon, Z., (2019). Sex differences in continuous missile exposure and symptomatology. *Israel Journal of Psychiatry*, 56 (3), 19- 26.
- 34\* **Laufer, A.**, & Shechory Bitton, M. (2020). Are security tensions associated with parental assessment of current and past child behavior? *Journal of Child and Family Studies*, 29, 1582–1588. doi: 10.1007/s10826-019-01677-1
- 35\* Finklestein, M., Pagorek-Eshel, S., & **Laufer, A.** (2020). Adolescents'

- individual-resilience and its association with security threats, anxiety and family resilience. *Journal of Family Studies*.  
doi:10.1080/13229400.2020.1778504
- 36\* Shechory Bitton, M., & **Laufer, A.** (2020). Mental health and coping in the shadow of the COVID-19 pandemic: The Israeli case. *Frontiers in Psychology*.
37. \* Kaidesh, N., Ben-Shlomo, I., **Laufer, A.**, Finklestein, M. (2021). Stress Factors and Mental Health among Israeli Medical Students in Six- and Four-Year Programs. *Israel Journal of Psychiatry*.
- 38\* **Laufer, A.**, & Izman, E. (2021). Posttraumatic growth (PTG) among parents of children with special needs. *Journal of Loss and Trauma*.  
doi: 10.1080/15325024.2021.1878336
- 39\* Shechory Bitton, M., & **Laufer, A.** (2021) Fear of the unknown: Does fear of terrorism differ from the fear of contracting COVID-19? *Frontiers in Psychology*.
- 40\* Finkelstein, M., & **Laufer, A.** (accepted). Resilience, growth, and posttraumatic symptoms among social workers who are "double exposed". *Social Work Research*.

### **C. Articles or Chapters in Scientific Books**

1. Solomon, Z., **Laufer, A.**, & Lavi, T. (2005). Childhood in the shadow of Intifada: Exposure and posttraumatic reaction of Israeli youth. In E. Somer and A. Bleich (Eds). *Early interventions after disasters and terrorism: The Israeli experience* (pp 77-110). Tel-Aviv: Ramot, Tel-Aviv University. [Hebrew].
2. Solomon, Z. & **Laufer, A.** (2005). Israeli youth cope with terror: Vulnerability and resilience. In M. Ungar (Ed). *Handbook for Working with Children and Youth. Pathways to Resilience* (pp. 229-246). California: Sage Publication.
- 3\* **Laufer, A.** & Shechory, M. (2008). Chapter 11: Alienation and emotional distress among relocated youth following the Gaza Disengagement. In N. Ronel, K. Jaishankar and M. Bensimon (Eds.), *Trends and Issues In Victimology* (pp. 212-231). Cambridge, UK: Cambridge Scholars Publishing.
- 4.\*. **Laufer A.**, & Solomon, Z. (2010). Chapter 2. Posttraumatic growth in Israeli Jews. In T. Weiss and R. Berger (Eds.), *Posttraumatic Growth and Culturally Competent Practice* (pp.15-31). New Jersey: John Wiley & Sons.
- 5\*. **Laufer. A.** & Shechory-Bitton, M. (2013). Forced displacement and its implications on youth's distress and posttraumatic growth. In K. Jaishankar & N. Ronel (Eds.). *Global Criminology* (pp. 253-268). London: CRS Press (Tylor & Francis Group).

### **D. Articles in Conference Proceedings**

1. **Laufer, A.** (2005). Changes in the self and world assumptions among youth exposed to terror incidents. *A Handbook for working with children and youth:*

*Pathways to resilience across cultures and contexts*. Nova Scotia: Dalhousie University, Halifax.

2. Shechory- Bitton, M., & **Laufer, A.** (2011). Ideological delinquency, alienation from the State and emotional distress among adolescent girls. *First International Conference of the South Asian Society of Criminology and Victimology (SASCV), Jaipur, Rajasthan, India: SASCV 2011 Conference Proceedings*

## **E. Other Publications**

- 1.\* Shechory, M., & **Laufer, A.** (2008). Participation of Jewish youth in Samaria and Judea in illegal activities against the dismantling of settlements. *Mifne, Forum for Social Issues*, 43-47. [Hebrew]
- 2.\* Shechory, M., & **Laufer, A.** (2011). *The effects of security-related stress on children and mothers – an examination of the distress levels with reference to temporary respite, and the involvement of governmental and non-governmental institutions*. National Insurance Institute of Israel. [Hebrew].
- 3\* **Laufer, A.** (2019). Rising from the ashes. *Shem Olam*, 23, 8-17. [Hebrew].